



**GINCATA®**

**DESCRIPTION**  
GINCATA is the trade name of a natural memory enhancer dietary supplement that was developed from the dry leaf extract of *Ginkgo biloba* (Family: Ginkgoaceae), which is a dioecious big tree with abundant branches growing all

over the world especially in China.  
Each **GINCATA 120** tablet contains 120mg *Ginkgo biloba* dry leaf extract.  
Each **GINCATA 40** tablet contains 40mg *Ginkgo biloba* dry leaf extract.  
**CHEMISTRY**  
*Ginkgo biloba* dry leaf extract contains 24% Ginkgoflavonglycosides and 6% Ginkgoterpenelactones.

**CLINICAL PHARMACOLOGY**  
*Ginkgo biloba* increases the level of dopamine by intervening in its release and receptors, and catabolism or in its capacity of binding with membrane receptors, which improves the body's ability to transmit information and improve mental performance.  
*Ginkgo biloba* improves the

blood flow peripherally and centrally which provides the brain with a higher level of oxygen and nutrients that the brain needs to function at peak capacity.  
*Ginkgo biloba* is rich in flavonoids, potent antioxidants that protect the body against free radicals or unstable molecules which can damage healthy cells.

*Ginkgo biloba* inhibits blood cells from sticking together by inhibiting the activity of "Platelet Activating Factor", thus preventing the formation of clots that could lead to heart attack or stroke.

**INDICATIONS**  
GINCATA helps in the following conditions:  
□ Arthritic and rheumatic problems.  
□ Body Coldness.  
□ Tinnitus.  
□ Alzheimer's and senility.  
□ Reynaud's disease.  
□ Arteriosclerosis.  
□ Eye weakness caused by poor circulation.

□ Vertigo.  
□ Anxiety and tension  
□ Lung and bronchial congestion  
□ As an antioxidant.  
□ In the elderly, to increase activity and energy.  
□ GINCATA is also indicated in just about any condition that could be ameliorated with increased blood flow is likely to benefit from the regular use of GINCATA.

**DOSAGE**  
**Usual adult dose**  
□ Regular intake of one GINCATA Tablet (120mg), 1-2 times daily with a glass of water for a period of four weeks.  
□ Regular intake of one GINCATA Tablet (40mg), 3 times daily with a glass of water for a period of four weeks.

**ADVERSE EFFECTS**  
No significant adverse reactions have been reported in patients ingesting as much as 600 mg of leaf extract in a single dose. Possible rare side effects from the use of *Ginkgo biloba* include digestive disturbance, cutaneous disorders and headache.

*Ginkgo biloba* inhibits blood cells from sticking together by inhibiting the activity of "Platelet Activating Factor", thus preventing the formation of clots that could lead to heart attack or stroke.

**INDICATIONS**

- GINCATA* helps in the following conditions:
- Arthritic and rheumatic problems.
  - Body Coldness.
  - Tinnitus.
  - Alzheimer's and senility.
  - Reynaud's disease.
  - Arteriosclerosis.
  - Eye weakness caused by poor circulation.

**ADVERSE EFFECTS**

No significant adverse reactions have been reported in patients ingesting as much as 600 mg of leaf extract in a single dose. Possible rare side effects from the use of *Ginkgo biloba* include digestive disturbance, cutaneous disorders and headache.

**USE IN PREGNANCY AND LACTATION**

Use of *Ginkgo biloba* should be avoided during pregnancy and lactation.

**DRUG INTERACTIONS**

No significant interactions with existing medications, including cardiac glycosides and antidiabetic preparations, but care should be taken when using aspirin.

**CONTRAINDICATIONS**

Hypersensitivity to any of the components of *Ginkgo biloba*.

Use of *Ginkgo biloba* should be avoided during pregnancy and lactation.

**OVERDOSE**

In one case, overdose of *Ginkgo biloba* caused symptoms that included headache, back pain, nausea, sleepiness and hemorrhaging.

**PRECAUTIONS AND WARNINGS**

*Ginkgo biloba* is not an antihypertensive product and cannot replace specific medications for treatment of arterial hypertension.

**HOW SUPPLIED**

- Bottles containing 60 *GINCATA* 120 tablets.

- Bottles containing 30 *GINCATA* 120 tablets.
- Bottles containing 30 *GINCATA* 40 tablets.

**STORAGE CONDITIONS**

- Close tightly after use.
- Store between 15-30° C, protected from light and humidity.
- Keep out of reach of children.

**THIS IS A MEDICAMENT**

- A medicament is a product which affects your health and its consumption contrary to instructions is dangerous for you.
- Follow strictly the doctor's prescription, the method of use and the instructions of the pharmacist who dispensed the medicament.
- The doctor and the pharmacist are experts in medicine.

- Do not by yourself interrupt the period of treatment prescribed for you.
- Do not repeat the same prescription without consulting your doctor.
- Keep medicaments out of the reach of children.

COUNCIL OF ARAB HEAD MINISTERS

UNION OF ARAB PHARMACISTS

Prescribing Information Available Upon Request.